

Introduction to the Leader in Me and the 7 Habits of Highly Effective People

Including: 7 Habits of Highly Effective People, 7 Habits of Highly Effective Families

Date: Tues April 3 from 7-8pm | Location:

In this workshop we will be doing a brief overview of the 7 Habits, discuss how it ties into the Leader in Me process for schools and its connection to families and the community. Brief descriptions of each are below:

The Leader in Me:

- What does the word leadership mean to you? When was the last time you really sat down and thought about this and how it relates to your children's lives?
- Have you thought about whether or not your children's school sees and nurtures the unique leadership potential and genius of your child?

The Leader in Me process starts from a powerful premise—**every child possesses unique strengths and has the ability to be a leader in their own way**—which shapes the views of staff to value and develop the whole child. It is a whole-school transformation model and process—developed in partnership with educators—that empowers students with the leadership and life skills they need to thrive in the 21st century. It is based on principles and practices of personal, interpersonal, and organizational effectiveness.

The process integrates leadership development into existing programs, curricula and traditions and serves as a foundational operating system for the school, improving relationships, transforming culture, and highly motivating staff and students. All stakeholders are impacted by The Leader in Me, starting with the staff of a school, then expanding to students, their families, and the community at large. This Inside-Out Approach is a key ingredient to successfully creating positive change in a school.

The Leader in Me utilizes and integrates several leadership, social-emotional learning, quality, and educational models and processes from past and current thought leaders including The 4 Roles of Great Leaders and The 4 Disciplines of Execution. The process includes student participation in goal setting, data tracking, leadership roles, Student-Led Conferences, leadership environments, and Leadership Events.

The Leader in Me differs from other whole-school transformation processes in that it offers a holistic, school-wide experience for staff, students, and parents, and creates a common language and culture within the school. The leadership principles and lessons are not taught as a curriculum, but instead are incorporated into course-work, (pairing well with the new BC Curriculum and Core Competencies), traditions, systems, and culture.

The 7 Habits of Highly Effective People:

Have you ever found yourself thinking 'I really wish I was more proactive in that situation, or this could be a win-win for everyone?' These are just a few of the 7 Habits, an integral part of the Leader in Me process, and are a synthesis of universal, timeless principles of personal, interpersonal, and organizational effectiveness such as responsibility, vision, integrity, teamwork, collaboration, and renewal, which are common to all people and cultures. This shared leadership increases engagement and enables students, staff, and families to be self-confident and self-reliant, work effectively with others, and make meaningful contributions.

7 Habits of Highly Effective Families:

Families are also a big part of the Leader in Me process. Because of the fast-paced world we live in, it is fundamentally important to stop and reflect on the emotional stability and well-being of the family unit. Without intentionally cultivating a positive and uplifting environment, valuable relationships can become strained over time. The 7 Habits of Successful Families is part of the Leader in Me model and provides a powerful framework for implementing timeless principles that create a nurturing and enriching environment for all members of the family.

Presenters:

Mike Suto:

A health scare in his late twenties and becoming a workaholic in his former roles led Mike to reassess his priorities and simplify his life. A major contribution to this shift in direction was reading Stephen Covey's, *The 7 Habits of Highly Effective People*© in 1994. "Retiring" at age 35, and spending more time on what he truly cared about, family, friends, health, education and community, led him to his current role and passion, introducing students and educators to *The 7 Habits*® through workshops, keynote addresses and teacher training.

Mike has presented *The 7 Habits*® and the *Leader In Me* to thousands of students and educators all across North America. Most recently, he helped open the first *Leader In Me* school in China. His enthusiasm and energy are complimented by his wide-ranging life experience. From his involvement in international development and exchange in places like Cuba, Thailand, and Japan; to his work as a high school teacher and coach; and his role as a Canadian businessman in Japan, he has been given a unique perspective on life, its priorities, and what "success" means. His mission in life is to help others reach their potential for living a well-balanced life of meaning and contribution by striving to live his own life with purpose and equanimity.

Currently Mike is responsible for delivering and developing training programs related to *The 7 Habits*® and the *Leader In Me* in Canada and the US. He will use the framework of *The 7 Habits*® and tailor the message to focus on the area you are hoping to impact. Born and raised in Richmond, British Columbia and the proud son of a fisherman and a farmer's daughter, Tojiro and Michiko Suto, Mike now resides in Vancouver, B.C., Canada with his wife great wife, Rachel and son Sam.

Shannon Frame:

Shannon began her career in marketing, advertising and sales – working in the travel, restaurant and education industries. She worked specifically in the education industry for 6 years before deciding to take a mini-retirement last winter. It was at that time, she decided, like Mike, that some much needed time off was needed to reassess what was most important and where her true passions lie. Shannon has always had an interest in personal and professional development and helping others. This is what motivated her years ago to read *The 7 Habits of Highly Effective People*© and she really resonated with the simplicity and influence they had on her life. It was these passions that also led her to Franklin Covey and the *Leader in Me*. An opportunity to work with schools (both students and staff), on leadership skills and life readiness was too good to pass up. And something she could do right here in her home province of British Columbia.

Shannon now works with schools across BC as an education consultant, or as she likes to call herself, a tour guide, to help bring the *Leader in Me* process to realization in schools. She's there right from the beginning steps of figuring out if it fits with the mission and vision of a school, through to the implementation stages and finally for years after it's been running at a school – which is often the best part – seeing the impact it can have on a school. She loves being around all the students and meeting so many diverse passionate educators in the classrooms. She especially loves all the beautiful artwork in schools hallways! ☺

Shannon's passion for nature and the outdoors led her to move from Vancouver to Whistler just over 2 years ago. She loves snowboarding, biking, camping, surfing and travelling. Her experiences travelling have opened her eyes to so many different cultures and she loves that she can see how the *7 Habits* can truly be applied to any person, anywhere, no matter the circumstances.